

**Curriculum Vita for  
John M. Fitzpatrick, Ph.D.  
Idaho State University  
Pocatello, Idaho**

**EDUCATION**

Michigan State University– Ph.D. in Physical Education and Exercise Science, August, 1998. Emphasis in Sport and Exercise Psychology and sub-disciplines in Motor Development and Research Methods and Design.

California State University, Northridge–Masters of Arts degree in Kinesiology, June 1991. Emphasis in Sport Psychology.

University of California, Santa Barbara–Bachelor of Arts in Experimental Psychology and a Minor in Coaching, June 1981.

Certified Instructor in Program for Athletic Coaches' Education.

**PROFESSIONAL EXPERIENCE**

2003-present: Associate Professor and Graduate Program Director, Idaho State University, Pocatello, Idaho. Serves as instructor of graduate and undergraduate courses. Director of graduate program, undergraduate and graduate advisor. Student teacher supervisor.

1997 to 2003: Associate Professor and Graduate Program Director, Chicago State University, Chicago, Illinois. Served as instructor of graduate and undergraduate major's and non-major's courses. Director of Graduate Program, Graduate Assessment Coordinator, Course Content Coordinator for On-line Education, NCATE/NASPE coordinator, undergraduate and graduate academic advisor. Tenured June, 2003.

1995 to 1996: Adjunct faculty, Cornerstone College, Grand Rapids, Michigan. Served as an instructor of "Physical Education for Classroom Teachers."

1992 to 1996: Graduate Assistant, Michigan State University, East Lansing, Michigan. Served as an instructor for core and activity courses.

1989 to 1991: Adjunct Faculty, California State University, Northridge. Served as an instructor of "Physical Education for Elementary School Children."

1989: Teaching Assistant, California State University, Northridge, "Research Methods and Design in Physical Education."

1987 to 1992: Physical Education Specialist and Classroom Instructor, Santa Susana School, Chatsworth, California.

1988-1992: Summer Camp Director–Santa Susana School, Chatsworth, California.

1981-1982: Head Water Polo Coach, Junior Varsity–University of California, Davis.

## **HONORS AND AWARDS**

Recipient of the Chicago State University College of Continuing Education and Non-traditional Programs Faculty Excellence Award, 2000.

Recipient of the Michigan State University Physical Education and Exercise Science Outstanding Graduate Student Award, 1996.

Recipient of the Michigan State University Physical Education and Exercise Science Endowed Fellowship, 1995.

Recipient of the Michigan State University, College of Education Recruiting Fellowship, 1992.

Member of Psi Chi, National Honors Society in Psychology, 1981.

Dean's List Scholar, University of California, Santa Barbara, 1979-1981.

## **MASTER'S THESIS**

*The effects of mental imagery on ratings of perceived exertion.* Californian State University, Northridge, 1991

## **DOCTORAL DISSERTATION**

*Causal attributions of elite youth female gymnasts: An investigation of types and antecedents of attribution.* Michigan State University, 1998.

## **TEACHING**

### **Courses Taught at Idaho State University**

PE 220 - Foundations of Physical Education and Sport

PE 221 - History & Philosophy of Physical Education

PE 235 - Activity Performance Techniques I

PE 236 - Activity Performance Techniques II

PE 237 - Activity Performance Techniques III

PE 300 - Movement Theory and Motor Development

PE 322 - Psychosocial Aspects of Human Performance and Activity

PE 357 - Methods for Teaching Elementary Physical Education

PE 413/513 – Sport in Cinema\*

PE 435 – Methods for Teaching Creative Movement

PE 610 – Advanced Sport Psychology

PE 612 - Advanced Sociology of Sport  
PE 615 – Philosophy of Athletics  
PE 640 – Research and Writing in Physical Activity  
\* Developed Course

### **Courses Taught at Chicago State University**

HPER 220 – Personal Health and Wellness  
PE 207 – Use of Technology For Physical Education and Recreation  
Professionals\*  
PE 263 – Motor Learning and Development  
PE 302 - Measurement and Evaluation in Physical Education  
PE 307 - Children and Youth in Sport and Recreation\*  
PE 325 – Theories and Principles of Coaching  
PE 328 – Psycho-Social Aspects of Sport  
PE 405 – Sociology of Sport  
PE 409 – Psychology of Sport  
PE 415 – Current Issues in Physical Education and Athletics  
PE 423 - Research Statistics and Reporting in Physical Education and Sport\*  
PE 424 – Developing a Research Problem\*  
PE 425 – Data Collection and Analysis\*  
PE 426 – Research Conclusions  
\* Developed Course

### **Distance Education and Courses Delivered Via Technology**

#### **Idaho State University**

PE 413/513 – Sport in Cinema  
PE 610 – Advanced Sport Psychology  
PE 612 - Advanced Sociology of Sport

#### **Chicago State University**

PE 207 – Use of Technology For Physical Education and Recreation  
Professionals  
PE 307 - Children and Youth in Sport and Recreation  
PE 405 – Sociology of Sport  
PE 409 – Psychology of Sport  
PE 415 – Current Issues in Physical Education and Athletics  
PE 423 - Research Statistics and Reporting in Physical Education and  
Sport\*  
PE 424 – Developing a Research Problem\*  
PE 425 – Data Collection and Analysis\*  
PE 426 – Research Conclusions

## **New Course Development and Update of Curriculum**

**Idaho State University**  
**New Course Development**  
PE 413/513 – Sport in Cinema

**Update of Curriculum**  
Developed new Coaching Emphasis for the Department of Sport Science  
and Physical Education (In process)

## **Supervision Activities**

Supervised Student Teaching Interns 2006- Current

## **Advising Activities**

Graduate and Undergraduate Advisor at Chicago State University ( 1997- 2004)  
and Idaho State University (2004- Current)

## **SCHOLARSHIP**

### **Articles in Refereed Journals**

Kalasountas, A., Reed, J., & Fitzpatrick, J. (2007). The effect of placebo-induced changes in expectancies on maximal force production in college students. *Journal of Applied Sport Psychology*, 19(1), 116-124.

Fitzpatrick, J.M., Dummer, G. M., Colon, G., & Ewing, M.E. (1996). Use of sport psychology techniques by elite swimmers with disabilities. *Research Quarterly for Exercise and Sport*. 67, A-118.

### **Accreditation and Institutional Reporting**

Fitzpatrick, J.M. (2008). NCATE Standard 5: *Faculty Qualifications, Performance, and Development*. Idaho State University, College of Education.

### **Scholarly Presentations at Professional Meetings/Conferences**

Appleby, K.M., & Fitzpatrick, J.M. (2008). Sport psychology for the physical education classroom. Idaho Alliance for Health, Physical Education, Recreation and Dance Convention, Pocatello, Idaho, October,2008.

Fitzpatrick, J., & Cordingley, K. (2008). Bengal Ball: An exciting, fast paced game for all ages. Idaho Alliance for Health, Physical Education, Recreation and Dance Convention, Pocatello, Idaho, October,2008.

Fitzpatrick, J.M.. (2007). Campus recreation opportunities. Invited speaker at Tokai University, May, 2007.

Fitzpatrick, J.M. (2007). Sport psychology in the elementary physical education classroom. Northwest/Southwest Districts of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Reno, Nevada, January, 2007.

Fitzpatrick, J.M. (2006). Coaching burnout: Causes and cures. Sports Medicine Clinic, Idaho Falls, Idaho, July 2006.

Fitzpatrick, J.M. (2006). Physical activity and children with Sensory Processing Disorder: Physical education can make a difference! American Alliance for Health, Physical Education, Recreation and Dance National Convention, Salt Lake City, Utah, April, 2006.

Fitzpatrick, J.M., & Cordingley, K. (2006). Norwegian Kickball: A new fast paced game for all ages. Northwest District of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Shoreline, Washington, March, 2006.

Fitzpatrick, J.M., & Appleby, K.M. (2005). Sport psychology for the physical education classroom. Northwest District of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Portland, Oregon, March, 2005.

Fitzpatrick, J.M., Gronbeck, C.E., & Gronbeck, L. (2004). Authentic assessment in youth sport settings. American Alliance for Health, Physical Education, Recreation and Dance National Convention, New Orleans, Louisiana, March, 2004.

Gronbeck, C. E., Fitzpatrick, J.M., & Gronbeck, L. (2003). Seasons on the brink. American Alliance for Health, Physical Education, Recreation and Dance National Convention, Philadelphia, Pennsylvania, March, 2003.

Fitzpatrick, J.M., Gronbeck, C. E., Gronbeck, L. & Colón, G. (2002) Authentic peer assessment in middle school sport settings. Illinois Association for Health, Physical Education, Recreation and Dance Convention, St. Charles, Illinois, November, 2002.

Fitzpatrick, J.M., Gronbeck, C. E. & Gronbeck, L. (2001). Authentic assessment in youth sport settings. Illinois Association for Health, Physical Education, Recreation and Dance Convention, St. Charles, Illinois, November, 2001.

Fitzpatrick, J. M. & Colón, G. (2001). Assessment of fundamental motor skills and youth sports through play. Michigan Association for Health, Physical Education, Recreation and Dance Convention, Acme, Michigan, November, 2001.

Fitzpatrick, J.M. (2001). Attributions of youth female gymnasts: Categories and types of attributions. Paper presented at the Association for the Advancement of Applied Sport Psychology International Convention, Orlando, Florida, October, 2001.

Fitzpatrick, J. M. (2001). Online education in physical education: Structure, format, and application. American Alliance for Health, Physical Education, Recreation and Dance National Convention, Cincinnati, Ohio, March, 2001.

Fitzpatrick, J. M. (2000). The technological needs of the modern physical educator. Technology workshop at the Midwest American Alliance for Health, Physical Education, Recreation and Dance District Convention, Chicago, Illinois, February, 2000.

Fitzpatrick, J. M. (2000). Technology consumerism: What is out there for you? Technology workshop at the Midwest American Alliance for Health, Physical Education, Recreation and Dance District Convention, Chicago, Illinois, February, 2000.

Fitzpatrick, J. M. (2000). Distance learning in health, physical education and recreation (substitute presentation). Technology workshop at the Midwest American Alliance of for Health, Physical Education, Recreation and Dance District Convention, Chicago, Illinois, February, 2000.

Fitzpatrick, J.M., & Schurr, J. (1999). Technology into the 21<sup>st</sup> century: What do physical educators need to know? Illinois Association for Health, Physical Education, Recreation and Dance, Arlington Heights, Illinois, November, 1999.

Fitzpatrick, J.M., & Gronbech, C.E. (1999). Grading elementary school children? Yes! Illinois Association for Health, Physical Education, Recreation and Dance, Arlington Heights, Illinois, November, 1999.

Fitzpatrick, J.M. (1999). Causal attributions of elite female youth gymnasts: An investigation of types and antecedents of attribution. Youth Sports in the 21<sup>st</sup> Century: Organized Sport in the Lives of Children, The Institute for the Study of Youth Sports at Michigan State University, East Lansing, Michigan, May, 1999.

Fitzpatrick, J.M. (1997). Motivating young athletes: Keep it fun, keep it positive. Competencies for Level 1 coaches in the National Standards for Athletic Coaches. National Association for Sport and Physical Education Youth Sports Coalition Workshop: A coaching education model for implementing NASPE's Level 1, National Standards for Athletic Coaches, American Alliance for Health, Physical Education, Recreation and Dance National Convention, St. Louis, Missouri, March, 1997.

Fitzpatrick, J.M. (1997). Motivating young athletes: Keep it fun, keep it positive. National Association for Sport and Physical Education Youth Sports Coalition Coaching Workshop, American Alliance for Health, Physical Education, Recreation and Dance National Convention, St. Louis, Missouri, March, 1997.

Lee, I., Fitzpatrick, J.M., & Feltz, D.L. (1996). Self-esteem and causal attributions for Korean children's physical and social competence in sport. Paper presented at the Association for the Advancement of Applied Sport Psychology International Convention, Williamsburg, Virginia, October, 1996.

Fitzpatrick, J.M., Dummer, G.M., Ewing, M.E, & Colón, G. (1996). Use of sport psychology techniques by elite swimmers with disabilities. Paper presented at the United States Swimming Convention, Orlando, Florida, September, 1996.

Fitzpatrick, J.M., Dummer, G.M., Ewing, M.E, & Colón, G. (1996). Use of sport psychology techniques by elite swimmers with disabilities. Presented as part of a symposium, "Sport Science Research on the Performance Capabilities of Elite Swimmers with Disabilities," at the biannual meeting of the North American Federation of Adapted Physical Activity, Banff, Alberta, Canada, September, 1996.

Fitzpatrick, J.M., Dummer, G.M., Colón, G., & Ewing, M.E. (1996). Use of sport psychology techniques by swimmers with disabilities. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, Atlanta, Georgia, April, 1996.

Fitzpatrick, J.M. (1996). Motivating young athletes. National Association for Sport and Physical Education Youth Sport Workshop, American Alliance for Health, Physical Education, Recreation and Dance National Convention, Atlanta, Georgia, April, 1996.

Fitzpatrick, J.M., Vadocz, E., & Overby, L.Y. (1996). Athletic and aesthetic imagery: Applying contemporary theory, research, and practice to the Olympic ideal. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, Atlanta, Georgia, April, 1996.

Wilson, R.C., Feltz, D.L., & Fitzpatrick, J.M. (1996). Sources of efficacy among masters weight pentathlon champions. Paper presented at the Midwest American Alliance for Health, Physical Education, Recreation and Dance Convention, Dearborn, Michigan, January, 1996.

Clark, M.A., Brown, E.W., Anderson, D., Fitzpatrick, J.M., Wilson, D.J., Walk, S., Wisner, D., & Seefeldt, V. (1995). Influence of low compression versus traditional baseballs on injuries in youth baseball. Presented at American Society for Testing Materials Symposium on Baseball Injuries, Atlanta, Georgia, December, 1995.

Chase, M.A., Feltz, D.L., & Fitzpatrick, J.M. (1995). Temporal pattern and quantity of success and failure: Effects on self-efficacy and persistence at a motor

task. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, Portland, Oregon, March, 1995.

Seefeldt, V., Espinoza, D., Henert, S., & Fitzpatrick, J.M. (1994). Injuries in youth football: A review of data sources. Presented at the Symposium of the Committee on Sports Equipment and Facilities, American Society for Testing Materials, Phoenix, Arizona, December, 1994.

Fitzpatrick, J.M. (1994). Stress management for the coach and physical educator. Presented to the Michigan Alliance for Health, Physical Education, Recreation and Dance Convention, Detroit, Michigan, November 1994.

Ewing, M.E., Simensky, S., Fitzpatrick, J.M., Hanson, R., Chase, M. A., & Walter, S. (1994). A team approach to delivering sport psychology skills to elite gymnasts, their parents and coaches. Symposium presented at the Association for the Advancement of Applied Sport Psychology International Convention, Lake Tahoe, Nevada, October 1994. Also presented at Miami University, Oxford, Ohio, November 1994.

Seefeldt, V., Fitzpatrick, J.M., & Moritz, S. (1994). Incidence and severity of selected recreation sports injuries and how to prevent them. Presented at the Second Annual Governors Council on Physical Fitness, Health and Sports, Lansing, Michigan, September, 1994.

Seefeldt, V., Fitzpatrick, J.M., & Moritz, S. (1994). Incidence and frequency of recreational sports injuries and how to prevent them. Presented at the Michigan Regional Control Network Conference, Cadillac, Michigan, September, 1994.

Fitzpatrick, J.M. (1994). The effects of mental imagery and relaxation on perceived exertion. Paper presented at the Midwest Sport Psychology Symposium, East Lansing, Michigan, March, 1994.

Chase, M.A., Feltz, D.L., & Fitzpatrick, J.M. (1994). Effects of the temporal pattern of success and failure at a motor task on self-efficacy, performance, and persistence. Paper presented at the Midwest Sport Psychology Symposium, East Lansing, Michigan, March, 1994.

### **Technical Reports**

Haubenstricker, J., Ewing, M.E., Clark, M.A., Fitzpatrick, J.M., & Allen, J. (1995). *Metro-Detroit Academic and Leisure Summer Program: Evaluation Report.*

Haubenstricker, J., Ewing, M.E., Clark, M.A., Fitzpatrick, J.M., & Allen, J. (1996). *Tri-City Summer Track and Field Program: Evaluation Report.*

### **Articles in Magazines, Newspaper, & Newsletters**

Dummer, G.M., Fitzpatrick, J.M., Ewing, M.E., Colon, G. (1996, Summer). Preparing for the Atlanta Paralympic Games: Using Mental Training to Help You Swim Faster. *USA Paralympic Swimming Team Newsletter*. North Yarmouth, ME: William Priest.

Fitzpatrick, J.M., & Moritz, S. (1995). Incidence, identification and prevention of selected winter recreational sports injuries. *Spotlight on Youth Sports*, 17 (4), 3.

### **Grant Team Member**

Assessing the Quantity and Quality of Physical Education in Idaho. A project in cooperation with University of Idaho, Boise State University, Lewis and Clark State College and the State Department of Education. Grant amount \$15,000.

### **Scholarship in Progress**

#### **Unpublished Manuscript**

Assisting children with sensory processing disorder in the physical education classroom. Submitted for publication to *The Physical Educator* May, 2008.

### **Projects in Progress**

Fitzpatrick, J.M., & Cordingly, K. Development of a court game: Bengalball.

Fitzpatrick, J.M. Causal attributions of elite female youth gymnasts.

Fitzpatrick, J.M. & Gronbeck, C.E. Authentic assessment in non-traditional settings.

Chase, M.A., Fitzpatrick, J.M., & Feltz, D.L. Revisiting the effects of the temporal pattern of success and failure at a motor task on self-efficacy, performance, and persistence.

### **Editorial Reviewer**

Text book editorial reviewer for Gallahue, D.L. & Ozmun, J. C. (2002). *Understanding Motor Development: Infants, Children, Adolescents, and Adults*. New York: McGraw-Hill Companies.

Peer reviewer for *Journal of Sport and Exercise Psychology*, 1995-2000.

### **Completion of Job Related Professional Development Courses**

CITI Training Course, Delivered online for Idaho State University, August, 2008.

## **SERVICE**

### **Current Professional & Academic Association Memberships**

Member of the Association for the Advancement of Applied Sport Psychology.

Member of the American Alliance for Health, Physical Education, Recreation and Dance.

Member of the Idaho Alliance for Health, Physical Education, Recreation and Dance.

### **Inservice Courses and Workshops to Schools**

Teaching with Technology Workshop for Faculty at Chicago State University – Creating an On-line Course, May, 2001.

Teaching with Technology Workshop for Faculty at Chicago State University – Creating an On-line Course, May, 2000.

Presentation for Chicago State University Department of Health, Physical Education and Recreation Faculty Retreat – Using Microsoft Excel for grading, August, 1999.

Presentation for Teaching with Technology Workshop for Faculty at Chicago State University – Creating an On-line Course, May, 1999.

### **Professional Leadership at the Local, State, and National Levels**

Treasurer for the Illinois Association for the Professional Preparation of Health Physical Education and Recreation, 1998-2003.

Research Chair for the Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance, 1999-2000.

### **Professional-Related Consulting**

2004-current: Sport Psychology Consultant, Idaho State University – Women's Volleyball, Men's Basketball, Women's Basketball, Women's Golf, Men's Golf.

1997 to 2001: Sport Psychology Consultant- Illinois Gymnastics Institute, Addison, Illinois.

1996 to 1997: Sport Psychology Consultant–Geddert's Twistars USA Gymnastics Club, Lansing, Michigan.

1992 to 1996: Sport Psychology Consultant–Great Lakes Gymnastics Club, Lansing, Michigan.

1994 to 1997: Sport Psychology Consultant–Michigan State University, East Lansing, Michigan.

### **University Committee Work and Leadership**

#### **University**

Idaho State University, Athletic Advisory Board, 2006- present.

Idaho State University, Student Employee of the Year Selection Committee, 2004-present

Idaho State University National Girls and Women in Sport Day volunteer, 2005-present

Idaho State University Athletic Department Women's Basketball Head Coach search committee. May 2008.

Chicago State University, Graduate Council, 2000-2003.

Chicago State University, Distance Education Committee, Committee Secretary, 2001- 2003.

Chicago State University, Faculty Senate, 1998-2000.

Chicago State University, ECN Migration Committee, 1998.

Chicago State University, University Instructional Technology Committee, 1997-2001.

#### **College**

Idaho State University, College of Education NCATE Standard 5 Committee Chair , 2004-present

Idaho State University, College of Education Technology Committee, 2004-2007

Idaho State University, College of Education Scholarship Committee, 2004-present

Idaho State University, College of Education Alternate Certification Committee, 2004-2005.

Idaho State University, College of Education Kole-McGuffy Award Selection Committee, 2004-current

Idaho State University, College of Education, Associate Dean Search Committee Chair, 2007.

Chicago State University, College of Education Technology Committee, 1998-2001.

### **Department**

Idaho State University, Department of Sport Science and Physical Education Faculty Search Committee Member, 2008.

Idaho State University, Department of Sport Science and Physical Education Faculty Search Committee Chair, 2007.

### **Advisor for Student Organizations and Other Student Services**

Advisor for Idaho State University Women's Softball Club, 2004-2006.

Advisor for Idaho State University B.E.A.S.T. Club, 2005-present.

### **Program Coordinator**

Graduate Program Coordinator for the Department of Sport Science and Physical Education, 2005-current.

Graduate Program Coordinator for the Department of Health Physical Education and Recreation, 1999-2004..

### **Professional Speaking to Civic of Business Groups**

Encinitas Rotary Club - Mental Skills of Elite Athletes, July, 1999

Great Lakes Gymnastics Club Parent Organization- "Physical, Age and Maturational Differences of Elite Youth Gymnasts," October, 1994.

Sport psychology workshops-"Mental Skills Preparation and Training in Marathon Running," Students Run LA, (A program to provide underprivileged high school students with the opportunity to run the Los Angeles Marathon), 1989, 1990.

### **Other Professionally-Related Community Service**

Physical education consultant and volunteer instructor, Holy Spirit Catholic School. 2005- present.

Physical education consultant and volunteer instructor, Franciscan Cre-Act School. 2004-2005

Grant Park Youth Baseball and Softball coaching clinic presentation – Motivating Young Athletes, March, 1999-2003.

Motor development consultant, Smart Starts at Governors' State University, 2003.

Chicago Park District Junior Citizen Program judge. January, 2002.

Grant Park Youth Baseball and Softball coaching clinic presentation – Motivating Young Athletes, March, 1999-2003.

Motor development consultant, Little Angels' Early Learning Center, Park Forest, Illinois. 1998-2003.

Motor development consultant, Roots and Wings At Risk Program, 2000- 2003.

American Red Cross Volunteer at Mid-Michigan Chapter and Los Angeles Chapter–Instructed courses in First Aid, Cardiopulmonary Resuscitation, Learn to Swim Program, Infant and Preschool Aquatics Program, Lifeguarding, Basic Water Safety and Emergency Water Safety. 1987-1997.

First Aid and CPR Instructor

- Michigan State University Healthy U- October, 1994.
- Department of Physical Education and Exercise Science- September, 1992, 1993, 1994. 1995
- Association for Child Development- March, 1993.

Water Safety Advisory Committee–Los Angeles Chapter of the American Red Cross, 1990-1992.

Girl Scout Volunteer Leader–1990-1992.

American Heart Association Volunteer

- Jump Rope for Heart Coordinator, Santa Susana School, 1988-1992.
- San Fernando Valley Heart Run, Timing Coordinator, 1988.

Fall 2008-Spring 2009